

## Let us help you lose weight and get healthy, *The Right Weigh...For You!*



Teresa has lost 42lbs!

### "The Right Weigh!" starting July 21, 2021 80 Palomino Lane, Suite 101, Bedford, NH

Visit our Web Site Today to Reserve Your Slot! www.nimrd.com/store

Nutrition in Motion | (888) 964-1975 | jschaible@nimrd.com

GET FREE REGISTRATION BY USING THE COUPON CODE!
Coupon Code: BACKINBEDFORD

Unlike any other diet program, *The Right Weigh!* (*TRW*) is a comprehensive approach to weight loss, optimum health, and overall wellness.

TRW is a 90-day program that consists of group classes and individual visits with medical practitioners.

During the program, we will lead you through a 6-phase meal plan designed to help you feel more energetic, decrease your risk of heart disease and diabetes and improve circulation, memory, and digestive health.

# The Right Weigh to a healthier you!

#### **Program Details:**

- 12 weeks of live online classes developed and taught by licensed medical providers
- 3 individual virtual meetings with a Registered Dietitian
- The tools necessary to create long term changes and support overall health
- A cost-effective program that will change your life

### **Program Fees:**

- \$75 includes everything listed above!
- Appointments with medical providers are billed through most major health insurances

