

## Our Mission

**Our purpose is to change the way the world defines and views disability by making profound, positive differences in people's lives every day.**

For nearly 100 years, Easterseals has been the indispensable resource for people and families challenged by a variety of situational, cognitive and physical disabilities. Today, Easterseals assists more than a million individuals and their families annually at more than 550 Easterseals' service sites across the country. Locally, for over 70 years, award winning and CARF accredited Easterseals Capital Region & Eastern Connecticut provides life changing services to children, seniors, veterans and adults in our community as we redefine disability for the 21st Century.

## How Should I Prepare for My Evaluation?

- Get a good nights sleep the night before.
- Eat a healthy, nutritious breakfast the morning of your appointment.
- Take any prescribed medications as you normally would, unless instructed otherwise.
- Refrain from using any substances and non-prescribed medications for at least 30 days prior to your evaluation.
- You are encouraged to arrive 15-20 minutes prior to your appointment to complete any necessary paperwork.

## What Should I Bring?

- Insurance card and ID
- Enclosed paperwork completed and any previous evaluations.
- List of ALL current medications and supplements, including prescription and over-the-counter medications.
- Glasses and/or hearing aids.
- A nutritious snack and beverage.
- If you need to take medications at a particular time, please bring these with you.
- If you have a conservator/guardian, they must accompany you to your initial appointment with court documentation.



**Working collaboratively with all stakeholders to ensure your best sustainable outcomes!**

### Medical & Administration Offices

100 Deerfield Road  
Windsor, CT 06095  
860.270.0600

### Vocational Services & Social Enterprises

22 Prestige Park Circle  
East Hartford, CT 06108  
860.728.1061

### Vocational & Adult Day Services

24 Stott Avenue  
Norwich, CT 06360  
860.859.4148

### Award winning, Easterseals Capital Region & Eastern Connecticut Accolades

- Vocational Rehabilitation Program CARF Accredited
- The Only CORF Accredited Comprehensive Medical Outpatient Rehabilitation Facility in Hartford County
- Exemplary Audit Rating in Supportive Employment and Education
- One of the Largest Neuropsychological Practices in Connecticut



## Neuropsychological Evaluations

**A Guide for Patients and their Families**

Providing critical information to help you live your best life

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# Removing Barriers & Rebuilding Lives. All Abilities. Limitless Possibilities.



## Why Have I Been Referred?

Neuropsychological evaluations are requested specifically to help your doctors and other professionals understand how the different areas and systems of the brain are working.

Testing is usually recommended to identify one's strengths and weaknesses, clarify diagnoses, rule out brain dysfunction, among others. Common referral questions include: determining the presence of Autism, a learning disability, ADHD, effects of traumatic brain injury, stroke, dementia, and other concerns that may be due to a number of medical, neurological, psychological, or genetic causes.

An evaluation can help:

- Assist in diagnosis.
- Establish a baseline of functioning and track changes in functioning over time.
- Monitor the progression of or recovery from an injury, illness, or disease process.
- Guide treatment for your personal, educational or vocational needs.
- Make recommendations to you and your other health care provider(s).

## What Is Neuropsychology?

Clinical neuropsychology is a specialty profession that focuses on brain functioning. A clinical neuropsychologist is a licensed psychologist with specialized training in how behavior and skills are related to brain structures and systems.

Easterseals provides comprehensive assessment services for pediatric through geriatric populations in whom impairments of cognitive, neuropsychiatric, and/or developmental functioning are evident or suspected. In addition to our general Neuropsychology Services, we also offer a specialized Dementia Clinic which provides short and focused evaluations, quick and comprehensive recommendations, and therapeutic support and resources for individuals with dementia and their families.

## What Is Assessed?

A neuropsychological evaluation involves using standardized tests and clinical procedures and may assess the following areas:

- Attention and concentration
- Learning and memory
- Language functions
- Visual-spatial skills (e.g. perception)
- Motor and sensory skills
- Planning, organization and problem solving
- Academic skills
- Behavioral and emotional functioning

Some abilities may be measured in more detail than others, depending on the questions you and your doctor have.



## What is the Evaluation Like?

A neuropsychological evaluation usually consists of an interview and testing.

### Interview

During the interview, you will be asked about your symptoms, medical history, medications, and other important factors. It can be helpful to have someone who knows you well (e.g. a family member, close friend, or caregiver) attend this portion of the evaluation, as they can provide valuable information about changes to your functioning. The appointment typically takes 1 to 2 hours.

### Testing

Testing involves taking paper-and-pencil and/or computerized tests and answering questions. The time required depends on the problem being assessed, in general 3 to 6 hours are needed.

- If you are 18 years old or older and scheduled for a full-day of testing, you will be provided with a lunch break (you must bring lunch) and additional breaks as needed. Typically, you can expect to the evaluation to last about 6 hours.
- If you are scheduled for a 1/2 day evaluation, you are welcome to bring snacks and beverages. Half-day sessions typically last 3-4 hours. Parents must remain in the lobby for the duration of their child's appointment.

**We accept all major Insurance including Medicaid with a faxed referral.**



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